

mulching

Mulching not only helps conserve water, but it also discourages weeds from growing.

Black Plastic

Put down in rows, then using a trowel, make a hole in the plastic and insert the plant. Cover with a little soil and granular fertilizer.

Straw

Grass Clippings

Bark Chips

Spread the straw, bark or grass clippings around the plants and on the paths between the plants.

*Don't forget to hoe -
get rid of those pesky little weeds!*



growing vegetables in containers

CONTAINER

For most vegetables, the container should be 5 gallons (16") or larger.

SOIL

Synthetic soils work best...
no weeds, great drainage and pest free.

CARE

Vegetables in containers need water and fertilizer. Check daily and use Miracle-Gro when you water.

BEST VARIETIES FOR CONTAINERS

Look for determinate varieties (plants with fruits that come out at the end of the vine) or plants labeled "compact." Most important - grow what you like to eat!



easy **Vegetable Gardening**

by Mark & Sue Adams



Poughkeepsie • Kingston • Newburgh

tips for beginners

START SMALL

A small plot will produce plenty of delicious vegetables.

LOTS OF SUN

Most vegetables prefer full sun - at least 6 hours of direct sunlight per day.

PUT UP A FENCE

Deer and woodchucks love vegetables. A fence installed now will last a lifetime.

FEED YOUR PLANTS

Work granular fertilizer or a slow release fertilizer (Osmocote for Vegetable and Bedding) into the soil when you first plant, then supplement during the season. Feed the plants and they'll feed you.

KEEP THOSE VEGETABLES COMING!

When you are done harvesting, plant something else in the same spot. For example, when the peas are finished, plant beans. And when those beans are gone, plant more!

tasty homegrown tomatoes



colorful vegetables like beets and swiss chard brighten containers and beds!



enter your vegetables at your local county fair!



what to plant when

APRIL

seeds

Peas • Radishes
Spinach
Beets • Carrots
Collards

plants

Lettuce • Parsley
Onions • Cabbage
Broccoli • Spinach
Cauliflower
Swiss Chard
Perennial Herbs

MAY

seeds

Carrots
Corn • Okra
Beans • Squash
Melons

plants

Basil
Beans
Corn
Cucumbers
Dill
Eggplant
Leeks
Melons
Potatoes
Peppers
Squash
Tomatoes